

Domestic Abuse

Carers/ individuals with caring responsibilities
& those living with Dementia



Domestic abuse includes physical, emotional and sexual abuse in couple relationships or between family members. Domestic abuse can happen against anyone

Anybody, including carers*, can be a victim of domestic abuse

People may have the idea that domestic abuse affects younger people or women with young children, and that it doesn't really affect people over 65 – this is incorrect, **it can happen to anyone, male or female**, this includes individuals such as **carers and those living with dementia**

**Unsure as to whether you are a carer? An unpaid carer is described as someone who provides their time and support, without payment, to family or friends who couldn't manage without help*

Carers, and those living with Dementia, may not recognise or want to report incidents of Domestic Abuse but help and support is available



If domestic abuse is **happening in your life** or if you **see something**, are **told something** or something **doesn't feel right** you need to **report it**

If you are a carer for a partner or family member and are feeling afraid or being hurt this may be domestic abuse.

If you are being cared for by a partner or family member who makes you feel afraid or hurts you there is help

Please ring **Cheshire East Domestic Abuse Hub** at any time on **0300 123 5101** (Always ring 999 if in immediate danger)